

Aku

*Aku Menditeguy / Body Poetry*

**Nimbus.**  
**Prima Vita Series**  
March 2024

*Observing the passage of time resembles contemplating a mighty river that flows incessantly before our eyes, carrying with it fragments of life and history.*

*This contemplation of temporal flow constitutes an invitation to become aware of one's own existence, allowing us to appreciate the ephemeral nature of happiness and to face challenges with fortitude.*

*The observation of time in its constant march teaches us that life is composed of a succession of fleeting moments, each one bearing the potential to acquire meaning and transcendence, but also, from a melancholic perspective, it can reveal absences and losses, making palpable the inexorable passage of years or fostering the sensation that time slips away quickly.*

*However, even from nostalgia and longing, time always symbolizes growth, learning, and materializes the pursuit of beauty in impermanence.*

*Ultimately, observing time passing acts as a reminder of our own humanity, evidencing our capacity to transform and leave a significant mark on the world through our interaction with history and art.*







**Nimbus.**  
**Prima Vita Series**  
February 2024

*Nimbus* (from the Latin substance) is a part of the Prima Vita series, it is a work that precedes the “Renascere” project: a body poetry narrated in two chapters and materialized in video and photography, in which, in autobiographical code, the metamorphosis that every human being experiences in their life is represented, addressing the notion that everything dies to be reborn transformed.

In *Nimbus*, a body merges into a dance that evokes the very essence of being. Immersed in a liquid, almost an amniotic sanctuary, each movement becomes an expressive gesture of grace and transcendental connection, reminding us of the wonder and mystery that encloses existence itself. This experience urges us to immerse ourselves in the deepest of our first presence, inciting us to remember -from the most ancestral origin- the warm nurturing sanctuary that cradled us before birth. It is an invitation to evoke the sensation of security and warmth, which we could call the antechamber of our passage through this plane called life.







**Matrix.**  
**Prima Vita Series**  
February 2024

*Matrix is a piece that precedes "Renescere": a body poetry narrated in two chapters and materialized in video and photography, which autobiographically reflects the metamorphosis that every human being experiences in their life, addressing the notion that everything dies to be reborn transformed.*

*In "Matrix," the artist floats in a matrix that is a source of life and a container of the history of all humanity. She remains suspended where dreams germinate and everything originates, it is the place where the soul finds its refuge and the being its very essence to transmute into the body.*

*The matrix, which is both a refuge and a space of infinite possibilities, contains a figure that exists at times in stillness and at others, in rhythmic or slow movements.*

*Forming and at the same time transforming is part of the process of generating life.*

*The use of water and shadows creates a sense of mystery and ambiguity, bordering on the dreamlike.*

*The video is full of symbolism.*

*The artist constantly seeks the limits of the matrix, as if in search of the way out: a possible metaphor for the journey to self-knowledge, a silent and profound dialogue between the unconscious self and the conscious self.*

*It is in that dance where the enchantment of the work resides and it postulates that only by returning to the most primitive and allowing oneself to be submerged in that fluctuation, it is possible to find the true entity and therefore one's own potential. A proposal loaded with hope and possibilities.*







**Renascere**  
April 2023

*In Latin: Renascere, to be born again.*

***Renascere** blurs the imaginary line between the microcosm and the macrocosm and the concrete border between life and death. The work, a body poetry, narrated in two chapters “Cineris” and “Porta,” materializes in videos and photographic records. It is a metaphorical tale – with a certain autobiographical tint – that aims to reflect the metamorphoses that every human being experiences throughout life. It addresses the notion that everything dies to then be reborn, transformed. In Cineris there is no beginning or end, it goes from life to death and from death to life. A body burns to consume itself and resurfaces renewed. In Porta, from a vessel symbolizing the vulva, a body is constructed and gives birth to itself. It crosses the portal, porta in Latin, and highlights the recurrence of the life cycle.*











